

Carrigan's
— East Kilbride —

East Kilbride
à la carte menu

— Carrigan's —

For East Kilbride reservations please call **01355 206969**

Unlike many chain-style restaurants which have dishes prepared in a central kitchen, Carrigan's Eating House is family owned and the dishes are freshly prepared in house, using only the finest ingredients, many of which are sourced locally.

Please appreciate that your food is being made to order and we're sure you will appreciate its worth waiting for.

We are passionate about what we do and strive to bring the best service, ambiance, quality of food and drinks along with great value to our guests.

We believe it's vital if the future of an independent local family run business is to survive.

STARTERS

SOUP OF THE DAY

Fresh baked roll.

TERIYAKI BEEF

Flash fried julienne of beef fillet, crisp salad, pickled peppers.

PAN FRIED SCALLOPS

Black pudding, creamy leek sauce, basil oil.

MUSHROOM CROSTINI V

Sauté mushrooms in a creamy pepper sauce, resting on rustic garlic bread.

LOUISIANA CHICKEN

Popcorn chicken cooked in a fiery BBQ sauce with garlic bread + cool yoghurt mint dip.

SHETLAND MUSSELS

Garlic, cream & white wine sauce.

MIXED PAKORA

Chicken & Vegetable + creamy tomato & mint dip.

GOATS CHEESE TARTLET V

Red onion jam, rocket & basil dressing.

GAMBAS AL AJILLO

Sizzling king prawns cooked in olive oil, garlic & chillies, fresh baked roll.

MORE STARTERS

CHICKEN LIVER PARFAIT

Red onion jam & oatcakes.

MOZZARELLA MELTS

Crispy coating + choice of dip.

CLASSIC PRAWN COCKTAIL

Crisp lettuce, Marie Rose sauce,
brown bread + butter.

STUFFED MUSHROOMS

Cheese & ham stuffed breaded mushrooms + choice of dip.

SCOTTISH SMOKED SALMON

Caperberry & lemon.
Brown bread + butter.

HAGGIS NEEPS & TATTIES

Peppercorn sauce.

SALT & PEPPER CALAMARI

Crispy coating + choice of dip.

POTATO SKINS V

Salad garnish + choice of dip.

DIPS

Mayonnaise – Sweet chilli - Marie Rose – BBQ – Tikka – Salsa
Garlic mayo – Pakora – Sour cream

If you have a food allergy or intolerance, please let us know

SHARING STARTERS

NACHOS

All our tortilla chips are piled high & layered with Monterey jack + cheddar cheese sauce, Jalapenos, red onions, mixed peppers, sour cream & salsa.

CHEESE ✓

CHICKEN FAJITA

BBQ PULLED PORK

GROUND CHILLI BEEF

MINI COMBO

4 potato skins, ✓ 4 stuffed mushrooms, 2 garlic bread, ✓ 4 mozzarella melts

Choose 2 dips from below

JC'S COMBO

6 potato skins, ✓ 6 stuffed mushrooms, 3 chicken pakora, 6 mozzarella melts.

Choose 3 dips from below

MEGA COMBO

8 potato skins, ✓ 8 stuffed mushrooms, 4 chicken pakora, 8 mozzarella melts

✓ 4 garlic bread.

Choose 4 dips from below

DIPS

Garlic mayonnaise

Marie Rose

BBQ

Tikka

Salsa

Sour cream

Sweet chilli

Mayonnaise

Pakora (creamy mint & tomato)

MAINS

STEAK PIE

Baby potatoes, mash & vegetables.

CLASSIC FISH & CHIPS

Breaded or Battered Haddock
Garden peas, lemon & tartare sauce.

CHINESE CHICKEN CURRY

Sliced breast of chicken, onions,
Mushrooms & curry sauce. Rice + chips.

ROAST OF THE DAY

Breadcrumbs & onion stuffing, gravy, baby potatoes, mash & vegetables.

TEX MEX CHICKEN

Breaded chicken topped with BBQ pulled pork & cheese, fries, coleslaw & onion rings.

BREADED SCAMPI

Chips, salad & coleslaw.

CHICKEN TIKKA MASALA

Creamy mild curry with ground nuts.
Rice + nan bread.

SOUTHERN FRIED CHICKEN

Breast of chicken in our famous breadcrumbs. Fries, salad, coleslaw
+ garlic dip.

MAINS (CONT.)

GAMMON STEAK

10oz Char-Grilled gammon steak, pineapple, peas & chips.

BEEF STROGANOFF

Sliced steak cooked in a creamy mushroom & paprika sauce. Rice & fries.

THAI KING PRAWNCURRY

Basmati rice, prawn cracker.

CHICKEN SINATRA

Breaded chicken breast, bacon & cheddar cheese & a mild creamy nutmeg sauce. Fries & market vegetables.

LAMB SHANK

Slowly cooked in a rosemary & mint sauce. Colcannon mash & market vegetables.

CALEDONIAN CHICKEN

Pan fried breast of chicken resting on a rotunda of haggis, Drambuie cream sauce. Chef's potatoes & market vegetables.

FILLET OF SEA BREAM

Grilled bream, sauté lemon & chive scented potatoes & steamed green beans.

CHICKEN MILANESE

Breaded chicken breast topped with an onion, mushroom, garlic mixed peppers & tomato cream sauce. Fries, salad & coleslaw.

CAESARS SALAD

Romaine lettuce, parmesan cheese, Caesars dressing & croutons.

STEAKS

*Our steaks are of premium quality.
Aged for 48 days to give tenderness & flavour.*

TELL US HOW YOU'D LIKE YOUR STEAK COOKED....

BLUE Seared on the outside but completely red throughout.

RARE Seared outside and still 75% red throughout the centre.

MEDIUM RARE Mostly pink to red centre. Soft and juicy on the inside.

MEDIUM A more pronounced band of pink in the centre.

MEDIUM WELL Thoroughly cooked with a slight hint of pink inside.

WELL DONE Completely cooked until brown throughout.

SIRLOIN 14oz

Delicate flavour with fine marbling, balanced with a firmer texture.

RIB-EYE 12oz

Well-marbled, resulting in an intensely packed flavour.

FILLET 10oz

The most tender steak, regarded by many as the premium cut.

All plain steaks are topped with a light herb butter & accompanied with a flat cap mushroom, balsamic glazed beef tomato & onion rings.

HIGHLANDER STEAK

Prime 10oz Fillet steak, Drambuie flamed & cooked in a cream sauce, resting on a rotunda of haggis.

PEPPERED RUMP STEAK

Slowly braised overnight topped with a creamy peppercorn sauce, mash potatoes & chef's vegetables.

EXTRAS

Garlic Mushrooms | Market Vegetables | Creamed Cabbage & Bacon
House Salad | Creamed Peas | Bacon & Onions | Sauté Onions & Mushrooms

SAUCES

Diane | Peppercorn | Alla Crema(Onion & Mushrooms) | Garlic | Parsley & Butter

MEXICAN

SIZZLING HOT FAJITAS

Sizzling platter of your choice from below.

Sliced peppers & onions, soft flour tortillas, salad, cheese, jalapeños, guacamole, salsa, sour cream & battered onion rings. (Gluten free tortillas on request)

VEGETABLE V

CHICKEN

FILLET OF BEEF

CHICKEN & BEEF

KING PRAWN

BURRITOS

Large soft flour tortilla with a filling of your choice from below.

Sliced onions & peppers in a Mexican salsa sauce, folded in a parcel, grilled cheese on top & sour cream.

Served with sweet potato fries & salad.

VEGETABLE V

CHICKEN

FILLET OF BEEF

CHICKEN & BEEF

GROUND CHILLI BEEF

CHAR-GRILL

BURGERS

Handmade 6oz fresh burger, char-grilled.
Served on a toasted brioche bun with fries, coleslaw & relish

PLAIN GRILLED

Shredded lettuce & mayo.

CHEESE

Shredded lettuce & mayo

ANGUS BURGER

Shredded lettuce, mayo, cheese & bacon

PEPPERED BURGER

Creamy peppercorn sauce.

TEX MEX BURGER

BBQ pulled pork & cheese

RANCH BURGER

Shredded lettuce & mayo, bacon, cheese, onions & mushrooms.

ULTIMATE CHICKEN BURGER

Cajun spiced chicken breast, shredded lettuce, mayo, bacon & cheese.
Topped with BBQ sauce

PASTA

MACARONI CHEESE V

Creamy cheese sauce.

LASAGNE

Oven baked classic

Above served with a choice of fries, salad or garlic bread

AMALFI

Sliced chicken breast, fresh broccoli & cream sauce.

PICCANTE V

Tomato, garlic, basil, chilli & cream.

BOLOGNAISE

Ground beef & rich ragu sauce.

ALLA CREMA V

Onion, mushroom, garlic & white wine cream sauce.

SORRENTO

Pesto chicken, onion, mushroom, peppers & cream sauce.

PIZZA

MARGARITAV

Napoli sauce & basil.

VERONA

Ham & pineapple.

PARMA

Ham & mushroom.

JUVENTUS

Chicken tikka.

SAMPDORIA

Cajun chicken, onions & peppers.

LAZIO

Pepperoni, onions, peppers & green chillies.

ROMA V

Mushroom, onion, peppers & sweetcorn.

VEGETABLE CALZONE V

Folded pizza filled with Mediterranean vegetables.

MEAT FEAST CALZONE

Ham, beef chilli, chicken tikka, pepperoni & cheese.

OUR PIZZAS ARE FRESHLY MADE IN HOUSE. 12" & STONEBAKED.

GLUTEN FREE OPTION ON REQUEST